**William Harris – Allergic Rhinitis**

**Overview:**  
William Harris is a 40-year-old software developer managing allergic rhinitis. He experiences sneezing, nasal congestion, and itchy eyes during allergy season. He lives at 234 Pine Street, Ridgewood, NJ, 07040. Contact number: (555) 456-7890.

**Medical History:**

* **Past Medical History:** Diagnosed with allergic rhinitis at age 25. Developed asthma 5 years ago.
* **Surgical History:** None.
* **Family Medical History:** Mother has allergic rhinitis; father has asthma.
* **Allergies:** Allergic to pollen and dust mites.
* **Medications:** Uses antihistamines and nasal corticosteroids.
* **Lifestyle:** Avoids known allergens, follows a healthy diet, and is a non-smoker.

**Previous Doctors:**  
Dr. Karen Brown, an allergist, manages his allergic rhinitis and asthma. Dr. Mark Green, his primary care physician, oversees his overall health.

**Symptoms:**  
William experiences sneezing, nasal congestion, itchy eyes, and occasional wheezing. Symptoms are managed with medication and avoidance of triggers.

**Diagnosis:**  
Allergic rhinitis was diagnosed through clinical evaluation and allergy testing showing sensitivity to pollen and dust mites.

**Treatment:**  
Treatment includes antihistamines, nasal corticosteroids, and allergen avoidance strategies.